



3 DAY / 2 NIGHTS YOGA HUASCA WEEKEND

DAY 1: FRIDAY

3:00pm EDT	<input type="radio"/> Arrivals
6:30pm EDT	<input type="radio"/> Orientation Talk
7:30pm EDT	<input checked="" type="radio"/> Dinner for the guests not participating in the ceremony
8:30pm EDT	<input checked="" type="radio"/> Limpieza before Ayahuasca ceremony
9:00pm EDT	<input checked="" type="radio"/> Ayahuasca ceremony

DAY 2: SATURDAY

7:30am EDT	<input type="radio"/> Meditation for all Levels
8:15am EDT	<input type="radio"/> Pranayama & Dynamic Yoga for all Levels
9:00am EDT	<input checked="" type="radio"/> Dieta breakfast
10:00am EDT	<input type="radio"/> Integration
12:30pm EDT	<input checked="" type="radio"/> Dieta lunch
1:30pm EDT	<input type="radio"/> Sacha Wasi community experience: Traditional dance, face painting, chicha
2:30pm EDT	<input type="radio"/> La Cascada Hola Vida Sacred Waterfall
2:30pm - 6:00pm	<input type="radio"/> Sacha Wasi Jungle Clinic prebooked treatments: Massage Therapy, Full Body Wrap, Acupuncture, Cupping Therapy, K-Laser Deep Tissue Therapy, IV Therapy
6:00pm EDT	<input type="radio"/> Gentle Yoga or Yin Yoga
7:30pm EDT	<input checked="" type="radio"/> Dinner for the guests not participating in the ceremony
8:30pm EDT	<input checked="" type="radio"/> Limpieza before Ayahuasca ceremony
9:00pm EDT	<input checked="" type="radio"/> Ayahuasca ceremony



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DAY 3: SUNDAY

7:30am EDT	<input type="radio"/> Meditation for all Levels
8:15am EDT	<input type="radio"/> Pranayama & Dynamic Yoga for all Levels
9:00am EDT	<input checked="" type="radio"/> Dieta breakfast
10:00am EDT	<input checked="" type="radio"/> Integration
12:30pm EDT	<input type="radio"/> Check-out time <input checked="" type="radio"/> Dieta lunch
1:30pm EDT	<input type="radio"/> Departures: Farewell Group Photo + Artesanal Shop

SESSIONS TYPES:

- Ceremonies
- Yogahuasca activities
- Integration \ Orientation Talks
- Meals
- Synergetic Additions and activities - additional compensation